

## Programme of Events

<b>TIME</b>	<b>LOCAL DANCING</b>
12.30	Highland Fling (under 9)
12.30	Highland Fling (9 – 12)
12.30	Highland Fling (13 – 16)
12.45	Highland Fling (Adults)
1.00	Sword Dance (under 9)
1.15	Sword Dance (9 – 12)
1.30	Sword Dance (13 – 16)
1.45	Sword Dance (Adults)
1.55	Seann Truibhas (9 – 12)
2.00	Seann Truibhas (13 – 16)
2.00	Seann Truibhas (Adults)
	<b>OPEN DANCING</b>
2.15	Highland Fling (Adults)
2.30	Seann Truibhas (Adults)
2.45	Highland Fling (12 and under)
3.00	Highland Fling (13 – 16)
3.15	Sword Dance (Adults)
3.30	Sword Dance (12 and under)
3.45	Reel of Tullich (Adults)
4.00	Seann Truibhas (13 – 16)
4.45	Sailors' Hornpipe (12 and under)
4.50	Sailors' Hornpipe (Adults)
5.00	Irish Jig (13 – 16)
5.00	Irish Jig (Adults)
	<b>PIPING</b>
Entries by 11.45	Piobaireachd Open
1.00	Marches Local
1.00	Strathspey & Reel Local
1.00	Marches Open
1.00	Strathspey & Reel Open
2.00	Marches (under 14) Open
2.15	Marches for Boys & Girls (17 and under) Open
2.30	Slow Marches (under 14) Open
3.15	Strathspey & Reel for Boys & Girls (17 and under) Open
3.30	Local & Kindred Gatherings March, Strathspey & Reel (17 and under)

<b>TIME</b>	<b>TRACK EVENTS</b>
12.20	100 yards Race (16 and over) Local
12.30	Boys' Race (12 – 15) Handicap Open
12.40	100 yards Race (Men 16 and over) Open
12.50	100 yards Race (Women 16 and over) Open
1.00	440 yards Race (16 and over) Local
1.10	440 yards Race (Women 16 and over) Open
1.45	Mile Flat Race (16 and over) Local
2.10	Girls' Race (12 – 15) Handicap Open
2.20	220 yards Race (16 and over) Open
2.30	Boys' Race (under 7) Handicap Open
2.30	Girls' Race (under 7) Handicap Open
2.40	440 yards Race (Men 16 and over) Open
3.00	Hill Race (16 and over) Open
3.10	Boys' Race (8 – 11) Handicap Open
3.15	Girls' Race (8 – 11) Handicap Open
3.50	Half Mile Race (16 and over) Open
4.10	Half Mile Race (10 - 15) Handicap Open
4.20	Boys' Sack Race (9 and under) Open
4.25	Girls' Sack Race (9 and under) Open
4.30	Boys' Sack Race (10 – 13) Open
4.35	Girls' Sack Race (10 – 13) Open
4.40	Mile Flat Race (16+) Open
	<b>FIELD EVENTS LIGHT</b>
1.00	Long Leap (16 and over) Open
1.30	Long Leap (16 and over) Local
2.00	Hop, Step and Leap (16 and over) Open
2.15	Hop, Step and Leap (16 and over) Local
2.30	High Leap (16 and over) Open
3.00	High Leap (16 and over) Local
4.00	Tilting the Bucket Open (First 10)
2.15	Tug o' War Weigh-in
	Tug o' War Competition during afternoon (16 and over) Open

	<b>FIELD EVENTS HEAVY</b>
11.00	Grampian Games Qualifiers (18 – 25) - all Local
	Light Hammer; Light Stone; Throwing 28lb Weight; Tossing the Caber
1.30	Light Hammer Open
2.00	Heavy Hammer Open
2.30	Light Stone Open
2.45	Heavy Stone Open
3.15	Throwing Weight Distance Open
3.45	Tossing the Caber Open
4.15	Throwing Weight over Bar Open